

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch.
Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

Weekly Vegetable Subgroups May Include:
Dark Green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - potatoes, corn, peas & lima beans
Other Vegetables - celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Leave Your Lunch at Home
Daily entrée options may include:
Cheese Burger on a Bun
Chicken Patty on a Bun
Chicken Nuggets with Pretzel Stick
Wide Variety of Homemade Pizza

UP FOR GRABS
Chicken Caesar Salad with Dinner Rolls
Strawberry Spinach Salad with Dinner Rolls
Chef Salad with Dinner Rolls
Crispy Chicken Salad with Dinner Rolls

Asian BBQ Chicken Wrap
Chicken Caesar Wrap
Club Sandwich Wrap

Turkey & Cheese Flat Bread
Buffalo Chicken Roll Up Wrap
Turkey & Spinach Roll Up Wrap


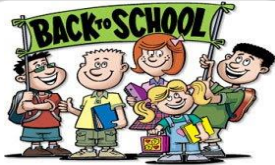


Lunch Prices
Student \$2.75
Adult \$3.75

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USDA is an equal opportunity provider and employer.

Monday	Tuesday	Wednesday	Thursday	Friday
 26	 27	BUILD-A-BURGER Bar  28	Crispy Chicken Nuggets with Dinner Roll or Cheesesteak Sub Featured Veggies: Homemade Baked Beans Steamed Carrots Chilled Mixed Fruit / Milk 1	Walking Loco Taco with Dinner Roll or Crispy Fish Sticks w/ Whole Wheat Bread Featured Veggies: Steamed Corn Fresh Celery Sticks Chilled Applesauce / Milk 2
Meatball Sub with Mozzarella Cheese or Toasted Turkey Bacon Sandwich Featured Veggies: Steamed Green Beans Fresh Celery & Carrots Chilled Pineapple / Milk 3	Buffalo Chicken Dip with Nachos or BBQ Pork Rib Patty on Roll Featured Veggies: Steamed Baked Beans Fresh Cucumber Slices Fresh Orange Wedges / Milk 4	JACKED UP FRY BAR Chicken Noodle Soup w/ Soft Pretzel Rod or Hot Ham & Cheese on Pretzel Roll Featured Veggies: Broccoli with Cheese Sauce Fresh Romaine Salad Chilled Peaches / Milk 5	Mashed Potato Bowl with Dinner Roll or Sloppy Joe on Roll Featured Veggies: Mashed Potatoes Fresh Baby Carrots Red Delicious Apple / Milk 6	NO SCHOOL 
NO SCHOOL  9	Crispy Popcorn Chicken with Dinner Roll or Cheesesteak Sub Featured Veggies: Candied Sweet Potatoes Broccoli with Cheese Sauce Fresh Orange Wedges / Milk 1	ASIAN BAR Toasted Cheese Sandwich or Chili Dog with Corn Chips Featured Veggies: Creamy Tomato Soup Fresh Creamy Cole Slaw Chilled Pineapple / Milk 2	Chicken Alfredo Pasta with Garlic Breadstick or BBQ Pulled Pork on Roll Featured Veggies: Steamed Green Peas Three Bean Salad Red Delicious Apple / Milk 3	Nachos Grande with Tortilla Chips or Pepperoni Roll with Marinara Sauce Featured Veggies: Steamed Mixed Vegetables Fresh Celery Sticks Chilled Mixed Fruit / Milk 4
Chicken Fajita Wrap or Hot Ham & Cheese on Pretzel Roll Featured Veggies: Crispy Potato Wedges Homemade Baked Beans Chilled Peaches / Milk 5	Chicken Parmesan / Pasta & Garlic Breadstick or Hot Dog with Sauerkraut and Corn Chips Featured Veggies: Steamed Green Beans Fresh Celery & Carrots Chilled Applesauce / Milk 6	TACO BAR French Toast Sticks w/ Oven Browned Sausage or Sloppy Joe on Roll Featured Veggies: Hash Brown Triangles Fresh Red Pepper Strips Mandarin Oranges / Milk 1	Mashed Potato Bowl with Dinner Roll or Mini Corn Dogs Featured Veggies: Mashed Potatoes Fresh Romaine Salad Chilled Mixed Fruit / Milk 2	NO SCHOOL 
Crispy Chicken Nuggets with Dinner Roll or Cheesesteak Sub Featured Veggies: Broccoli with Cheese Sauce Fresh Cucumber Slices Chilled Pineapple / Milk 3	Toasted Cheese Sandwich or BBQ Pork Rib Patty on Roll Featured Veggies: Creamy Tomato Soup Three Bean Salad Chilled Peas / Milk 4	PASTA BAR Buffalo Chicken & Cheese on Flatbread or Hot Ham & Cheese on Pretzel Roll Featured Veggies: Steamed Carrots Fresh Cauliflower with Dip Fresh Orange Wedges / Milk 5	Hot Turkey Sandwich with Gravy or Italian Dunkers with Pepperoni & Marinara Sauce Featured Veggies: Mashed Potatoes Fresh Broccoli with Dip Red Delicious Apples / Milk 6	Walking Loco Taco with Dinner Roll or Chicken Fajita Wrap Featured Veggies: Candied Sweet Potatoes Fresh Romaine Salad Chilled Mixed Fruit / Milk 1
Meatball Sub with Mozzarella Cheese or Spicy Chicken Patty on Roll Featured Veggies: Steamed Mixed Vegetables Crispy Tater Tots Chilled Pears / Milk 2	Chicken Alfredo Pasta w/ Garlic Breadstick or Chili Dog with Corn Chips Featured Veggies: Steamed Green Peas Fresh Romaine Salad Chilled Applesauce / Milk 3	BREAKFAST BAR Mashed Potato Bowl with Dinner Roll or Hot Ham & Cheese on Pretzel Roll Featured Veggies: Mashed Potatoes Fresh Red Pepper Strips Chilled Pineapple / Milk 4	Toasted Cheese Sandwich or Chicken Fajita Wrap Featured Veggies: Creamy Tomato Soup Fresh Baby Carrots Chilled Mixed Fruit / Milk 5	Buffalo Chicken Dip with Nachos or Mexican Beef Burrito Featured Veggies: Steamed Green Beans Fresh Broccoli with Dip Red Delicious Apple / Milk 6