


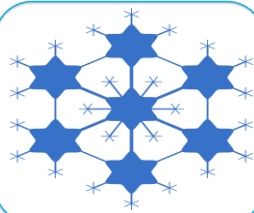


Secondary Breakfast Menu January 2019




Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1 NO SCHOOL</p> 	<p>2 NO SCHOOL</p> 	<p>3 Breakfast Pizza</p> <p>Sausage, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>5</p>	<p>4 Fruit & Yogurt Smoothie</p> <p>Bacon, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>6</p>
<p>7 Breakfast Pizza</p> <p>Ham, Egg, & Cheese on English Muffin</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>1</p>	<p>8 Crispy Dutch Waffle</p> <p>Bacon, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>2</p>	<p>9 Fruit & Yogurt Parfait with Graham Crackers</p> <p>Ham, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>3</p>	<p>10 Breakfast Pizza</p> <p>Sausage, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>4</p>	<p>11 Fruit & Yogurt Smoothie</p> <p>Bacon, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>5</p>
<p>14 Breakfast Pizza</p> <p>Ham, Egg, & Cheese on English Muffin</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>6</p>	<p>15 Crispy Dutch Waffle</p> <p>Bacon, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>1</p>	<p>16 Fruit & Yogurt Parfait with Graham Crackers</p> <p>Ham, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>2</p>	<p>17 Breakfast Pizza</p> <p>Sausage, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>3</p>	<p>18 Fruit & Yogurt Smoothie</p> <p>Bacon, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>4</p>
<p>21 Breakfast Pizza</p> <p>Ham, Egg, & Cheese on English Muffin</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>5</p>	<p>22 Crispy Dutch Waffle</p> <p>Bacon, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>6</p>	<p>23 Fruit & Yogurt Parfait with Graham Crackers</p> <p>Ham, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>1</p>	<p>24 Breakfast Pizza</p> <p>Sausage, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>2</p>	<p>25 Fruit & Yogurt Smoothie</p> <p>Bacon, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>3</p>
<p>28 Breakfast Pizza</p> <p>Ham, Egg, & Cheese on English Muffin</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>4</p>	<p>29 Crispy Dutch Waffle</p> <p>Bacon, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>5</p>	<p>30 Fruit & Yogurt Parfait with Graham Crackers</p> <p>Ham, Egg, & Cheese Burrito</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>6</p>	<p>31 Breakfast Pizza</p> <p>Sausage, Egg, & Cheese on Biscuit</p> <p>100% Fruit Juice Fruit Selection Milk</p> <p>1</p>	

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit and
Choice of Milk
Choice of Milk - 1% white



Choose **MyPlate.gov**

Fruit May Include: Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice, and a variety of fresh fruits which may include apples or bananas

Breakfast Prices
Student \$1.30
Reduced \$.40
Adult \$2.30

Chris Ammon- General Manager
Kathy Gilson- Food Service Support

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 We need your smile!

Join our team earning a competitive wage as a substitute team member
 Call Chris today to schedule an interview
An equal opportunity employer

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