

Juniata County School District

Secondary Breakfast Menu October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
1 Breakfast Pizza Ham, Egg, & Cheese on English Muffin 100% Fruit Juice Fruit Selection Milk 2	2 Crispy Dutch Waffle Bacon, Egg, & Cheese on English Muffin 100% Fruit Juice Fruit Selection Milk 3	3 Fruit & Yogurt Parfait with Graham Crackers Ham, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 4	4 Breakfast Pizza Sausage, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 5	5 Fruit & Yogurt Smoothie Bacon, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 6
8 Breakfast Pizza Ham, Egg, & Cheese on English Muffin 100% Fruit Juice Fruit Selection Milk 1	9 Crispy Dutch Waffle Bacon, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 2	10 Fruit & Yogurt Parfait with Graham Crackers Ham, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 3	11 Breakfast Pizza Sausage, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 4	12 Fruit & Yogurt Smoothie Bacon, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 5
15 Breakfast Pizza Ham, Egg, & Cheese on English Muffin 100% Fruit Juice Fruit Selection Milk 6	16 Crispy Dutch Waffle Bacon, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 1	17 Fruit & Yogurt Parfait with Graham Crackers Ham, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 2	18 Breakfast Pizza Sausage, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 3	19 NO SCHOOL 
22 Breakfast Pizza Ham, Egg, & Cheese on English Muffin 100% Fruit Juice Fruit Selection Milk 4	23 Crispy Dutch Waffle Bacon, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 5	24 Fruit & Yogurt Parfait with Graham Crackers Ham, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 6	25 Breakfast Pizza Sausage, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 1	26 Fruit & Yogurt Smoothie Bacon, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 2
29 Breakfast Pizza Ham, Egg, & Cheese on English Muffin 100% Fruit Juice Fruit Selection Milk 3	30 Crispy Dutch Waffle Bacon, Egg, & Cheese on Biscuit 100% Fruit Juice Fruit Selection Milk 4	31 Fruit & Yogurt Parfait with Graham Crackers Ham, Egg, & Cheese Burrito 100% Fruit Juice Fruit Selection Milk 5		

What is a Meal?
 You must choose at least 3 of the 4 components available for the school breakfast price.
 Choice of: Grain or grain/protein
 Choice of fruit and
 Choice of Milk
 Choice of Milk - 1% white



Choose **MyPlate.gov**

Fruit May Include: Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice, and a variety of fresh fruits which may include apples or bananas

Breakfast Prices
 Student \$1.30
 Reduced \$.40
 Adult \$2.30

Chris Ammon- General Manager
 Kathy Gilson- Food Service Support

JOIN OUR STAFF!!
 We need your smile!

Join our team earning a competitive wage as a substitute team member
 Call Chris today to schedule an interview
An equal opportunity employer

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Did you know?
 If you qualify for free or reduced lunch, you also qualify for free or reduced breakfast!! Get your application in today!!
 Any accumulated charges prior to your application being approved must be paid for.



Applications for free or reduced lunches are available at your favorite school cafeteria or main office. Online applications can be found at:
www.compass.state.pa.us

