

# Juniata County School District

## Elementary Breakfast Menu October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<b>1</b> <b>Chocolate Chip Muffin with Graham Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>2</b>	<b>2</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>3</b>	<b>3</b> <b>Strawberry Pop Tart with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>4</b>	<b>4</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>5</b>	<b>5</b> <b>Cinnamon Toast Cereal Bar with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>6</b>
<b>8</b> <b>Chocolate Chip Muffin with Graham Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>1</b>	<b>9</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>2</b>	<b>10</b> <b>Strawberry Pop Tart with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>3</b>	<b>11</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>4</b>	<b>12</b> <b>Cinnamon Toast Cereal Bar with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>5</b>
<b>15</b> <b>Chocolate Chip Muffin with Graham Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>6</b>	<b>16</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>1</b>	<b>17</b> <b>Strawberry Pop Tart with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>2</b>	<b>18</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>3</b>	<b>19</b> <b>NO SCHOOL</b> 
<b>22</b> <b>Chocolate Chip Muffin with Graham Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>4</b>	<b>23</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>5</b>	<b>24</b> <b>Strawberry Pop Tart with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>6</b>	<b>25</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>1</b>	<b>26</b> <b>Cinnamon Toast Cereal Bar with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>2</b>
<b>29</b> <b>Chocolate Chip Muffin with Graham Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>3</b>	<b>30</b> <b>Whole Grain Cinnamon Roll with Icing</b>  100% Fruit Juice Fruit Selection Milk <b>4</b>	<b>31</b> <b>Strawberry Pop Tart with Goldfish Crackers</b>  100% Fruit Juice Fruit Selection Milk <b>5</b>		

**What is a Meal?**  
 You must choose at least 3 of the 4 components available for the school breakfast price.  
 Choice of: Grain or grain/protein  
 Choice of fruit and  
 Choice of Milk  
 Choice of Milk - 1% white

ChooseMyPlate.gov

**Fruit May Include:** Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice, and a variety of fresh fruits which may include apples or bananas

**Breakfast Prices**  
 Student \$1.30  
 Reduced \$1.40  
 Adult \$2.30

Chris Ammon- General Manager  
 Kathy Gilson- Food Service Support

**JOIN OUR STAFF!!**  
 We need your smile!  
 Join our team earning a competitive wage as a substitute team member  
 Call Chris today to schedule an interview  
 An equal opportunity employer

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