

PARENTING IS HARD!



But, you don't have to do it alone.

When a child's challenges first emerge—whether it's at birth, as a toddler, or during the school years—parents often find themselves feeling not only confused, but alone. You may not know anyone who's experienced the same kinds of problems, and it may be difficult to share the details of what you're going through with friends whose children seem to be sailing through all their milestones. You may have questions that even a clinician can't help with.

To help parents who are experiencing the challenges of parenting children with special needs – behavioral, emotional, developmental or physical -- the Juniata County School District is forming a support group in the hopes of making parents feel less alone, by providing a place to explore resources and find support, as well as vent and share triumphs and disappointments.

The first meeting will be held Thursday, May 24, 2018 at 7:00 p.m. in the district's administrative office meeting room (lower level), 146 Weatherby Way, Mifflintown. Kim Brown, Educational Consultant with Tuscarora Intermediate Unit 11, will lead a discussion on parenting techniques and coping strategies, followed by a question-and-answer-period and an informal discussion of participants' vision for future meetings.

Sometimes, parenting is hard. But, you don't have to do it alone.

For more information, please contact:
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