

Juniata County School District Elementary Lunch Menu May-June 2018



Monday	Tuesday	Wednesday	Thursday	Friday
	5/1/18 French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub Featured Veggies: Hash Brown Triangles Fresh Baby Carrots Chilled Mixed Fruit / Milk 6	5/2/18 Chicken Noodle Soup with Soft Pretzel or Cheeseburger on Roll Featured Veggies: Broccoli with Cheese Sauce Fresh Red Peppers Mandarin Oranges / Milk 1	5/3/18 Hot Turkey Sandwich with Gravy or Hot Dog on Roll Featured Veggies: Mashed Potatoes Fresh Romaine Salad Chilled Peaches / Milk 2	5/4/18 Walking Loco Taco with Dinner Roll or Chef's Choice (Menu to be announced) Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Applesauce / Milk 3
5/7/18 Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll Featured Veggies: Steamed Mixed Vegetables Fresh Baby Carrots Chilled Peaches / Milk 4	5/8/18 Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll Featured Veggies: Mashed Potatoes w/ Gravy Fresh Cucumber Slices Chilled Peaches / Milk 5	5/9/18 Toasted Cheese Sandwich or Chicken Fajita Wrap Featured Veggies: Creamy Tomato Soup Fresh Romaine Salad Fresh Orange Wedges /Milk 6	5/10/18 Hot Ham & Cheese Stromboli w/ Sauce or Mini Corn Dogs Featured Veggies: Steamed Green Beans Fresh Broccoli with Dip Red Delicious Apple / Milk 1	5/11/18 Homemade Beef Lasagna w/ Garlic Italian Bread or Chef's Choice (Menu to be announced) Featured Veggies: Homemade Baked Beans Fresh Romaine Salad Chilled Mixed Fruit / Milk 2
5/14/18 Turkey Noodle Soup with Soft Pretzel or Hot Dog on Roll Featured Veggies: Steamed Green Beans Fresh Celery Sticks Chilled Peaches / Milk 3	5/15/18 Nachos Grande with Tortilla Chips or Hot Ham & Cheese on Roll Featured Veggies: Steamed Corn Homemade Baked Beans Chilled Applesauce / Milk 4	5/16/18 French Toast Sticks w/ Oven Browned Sausage or Cheeseburger on Roll Featured Veggies: Hash Brown Triangles Fresh Cucumber Slices Mandarin Oranges / Milk 5	5/17/18 Hot Turkey & Gravy over Noodles or Soft Beef Taco Featured Veggies: Mashed Potatoes Fresh Baby Carrots Chilled Pineapple / Milk 6	5/18/18 Macaroni & Cheese w/ Whole Wheat Bread or Chef's Choice (Menu to be announced) Featured Veggies: Steamed Carrots Fresh Broccoli with Dip Red Delicious Apple / Milk 1
5/21/18 Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll Featured Veggies: Broccoli with Cheese Sauce Homemade Baked Beans Chilled Peaches / Milk 2	5/22/18 Hot Ham & Cheese Stromboli with Sauce or Mini Corn Dog Featured Veggies: Steamed Carrots Fresh Cucumber Slices Red Delicious Apple / Milk 3	5/23/18 Toasted Cheese Sandwich or Chicken Fajita Wrap Featured Veggies: Creamy Tomato Soup Fresh Celery Sticks Chilled Mixed Fruit / Milk 4	5/24/18 Spaghetti & Meat Sauce w/ Garlic Bread Slice or Crispy Chicken Patty on Roll Featured Veggies: Steamed Green Beans Fresh Romaine Salad Chilled Applesauce / Milk 5	5/25/18 Soft Pretzels with Cheese Sauce or Chef's Choice (Menu to be announced) Featured Veggies: Steamed Mixed Vegetables Fresh Cherry Tomatoes Mandarin Oranges / Milk 6
5/28/18 NO SCHOOL 	5/29/18 Meatball Sub with Mozzarella Cheese or Hot Dog on Roll Featured Veggies: Steamed Carrots Homemade Baked Beans Chilled Peaches / Milk 1	5/30/18 Nachos Grande with Tortilla Chips or Hot Ham & Cheese on Roll Featured Veggies: Steamed Corn Fresh Romaine Salad Red Delicious Apple / Milk 2	5/31/18 Cheeseburger on Roll or Chef's Choice (Menu to be announced) Featured Veggies: Assorted Steamed Veggies Assorted Fresh Veggies Assorted Fruits / Milk 3	6/1/18 Macaroni & Cheese w/ Whole Wheat Bread or Chef's Choice (Menu to be announced) Featured Veggies: Assorted Steamed Veggies Assorted Fresh Veggies Assorted Fruits / Milk 4
6/4/18 Hot Dog on Roll or Chef's Choice (Menu to be announced) Featured Veggies: Assorted Steamed Veggies Assorted Fresh Veggies Assorted Fruits / Milk 5				
Student Paid Lunch \$2.35 Student Reduced Lunch \$0.40 Adult Lunch \$3.60				
Chris Ammon	General Manager	cammon@jcsdk12.org	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	kgilson@jcsdk12.org	(717) 436-2111 ext. 5015	

What is a meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream

Weekly Vegetable Subgroups

May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon,

Cost of ala carte items must be in student's lunch account for item to be purchased

Leave Your Lunch at Home

- Daily entrée options may include:
- Fresh-Made Craveable Lunches with Dinner Roll prepared daily
- Nardone's Pizza served every day M-W-F Cheese Pizza T-Th Pepperoni Pizza
- Uncrustable PBJ & Mozzarella Cheese Stick OR Cheese Sandwich served in our Peanut-Free kitchens
- Chicken Nuggets with Dinner Roll
- RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines.

Join Our Staff!

We need your smile!
Call today for an interview to be a substitute team member
Menu subject to change