

# Juniata County School District Breakfast Menu May- June 2018



Monday	Tuesday	Wednesday	Thursday	Friday
	<b>5/1/18</b> Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	<b>5/2/18</b> Ham, Egg, & Cheese on English Muffin or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 1	<b>5/3/18</b> Fruit & Yogurt Parfait with Toast & Jelly or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	<b>5/4/18</b> Bacon, Egg, & Cheese Burrito or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 3
<b>5/7/18</b> Pancakes with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 4	<b>5/8/18</b> Fruit & Yogurt Parfait with Toast & Jelly or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	<b>5/9/18</b> Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	<b>5/10/18</b> Crispy Dutch Waffle or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 1	<b>5/11/18</b> Chef's Choice (Menu to be announced) or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 2
<b>5/14/18</b> French Toast Sticks with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	<b>5/15/18</b> Ham, Egg, & Cheese on English Muffin or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 4	<b>5/16/18</b> Fruit & Yogurt Parfait with Toast & Jelly or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	<b>5/17/18</b> Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	<b>5/18/18</b> Chef's Choice (Menu to be announced) or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 1
<b>5/21/18</b> Waffles with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	<b>5/22/18</b> Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	<b>5/23/18</b> Ham, Egg, & Cheese on English Muffin or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 4	<b>5/24/18</b> Fruit & Yogurt Parfait with Toast & Jelly or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	<b>5/25/18</b> Chef's Choice (Menu to be announced) or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 6
<b>5/28/18</b> NO SCHOOL 	<b>5/29/18</b> Crispy Dutch Waffle or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 1	<b>5/30/18</b> Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	<b>5/31/18</b> Ham, Egg, & Cheese on English Muffin or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	<b>6/1/18</b> Chef's Choice (Menu to be announced) or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 4
<b>6/4/18</b> Chef's Choice (Menu to be announced) or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 5				
<b>Chris Ammon</b>	<b>General Manager</b>	<a href="mailto:camm@jcsdk12.org">camm@jcsdk12.org</a>	(717) 436-2193 ext. 5084	
<b>Kathy Gilson</b>	<b>Food Service Support</b>	<a href="mailto:kgilson@jcsdk12.org">kgilson@jcsdk12.org</a>	(717) 436-2111 ext. 5015	

### What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of: Grain or grain/protein
- Choice of fruit and
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream and strawberry

### Selection May Include:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Rice Crunch
- Kix
- Cheerios
- Fruit Loops
- Frosted Flakes

Served with Whole Grain Toast



### Additional Entrees

#### May Include:

- Warm Pillsbury Cinni-Minis
- Chocolate Chip Muffins
- Whole-Grain Enriched Donuts (Donuts available at TJHS, JHS, and EJ only)

#### Fruit may include.

- Canned peaches, applesauce.
- mandarin oranges, 100% juice,
- and a variety of fresh fruits

#### Fruit May Include:

- Canned peaches, applesauce.
- pears, pineapple, fruit cocktail,
- mandarin oranges, 100% juice,
- and a variety of fresh fruits