

Juniata County School District Elementary Lunch Menu April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
4/2/18	4/3/18	4/4/18	4/5/18	4/6/18
NO SCHOOL	Nachos Grande with Tortilla Chips or Hot Ham & Cheese Sub	French Toast Sticks w/ Oven Browned Sausage or Cheeseburger on Roll	Hot Turkey & Gravy over Noodles or Soft Beef Taco	Macaroni & Cheese w/ Whole Wheat Bread or Crispy Fish Sticks with Whole Wheat Bread
	Featured Veggies: Steamed Corn, Fresh Romaine Salad, Chilled Applesauce / Milk 5	Featured Veggies: Hash Brown Triangles, Fresh Cucumber Slices, Fresh Orange Wedges / Milk 6	Featured Veggies: Mashed Potatoes, Fresh Baby Carrots, Chilled Pineapple / Milk 1	Featured Veggies: Steamed Carrots, Fresh Broccoli with Dip, Red Delicious Apple / Milk 2
4/9/18	4/10/18	4/11/18	4/12/18	4/13/18
Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll	Hot Ham & Cheese Stromboli w/ Sauce or Mini Corn Dogs	Toasted Cheese Sandwich or Chicken Fajita Wrap	Spaghetti & Meat Sauce w/ Garlic Bread Slice or Crispy Chicken Patty on Roll	Soft Pretzels with Cheese Sauce or Soft Beef Taco
Featured Veggies: Broccoli with Cheese Sauce, Homemade Baked Beans, Chilled Pears / Milk 3	Featured Veggies: Steamed Carrots, Fresh Cucumber Slices, Chilled Applesauce / Milk 4	Featured Veggies: Creamy Tomato Soup, Fresh Celery Sticks, Fresh Orange Wedges / Milk 5	Featured Veggies: Steamed Green Beans, Fresh Romaine Salad, Chilled Peaches / Milk 6	Featured Veggies: Sweet Potato Fries, Fresh Cauliflower with Dip, Chilled Mixed Fruit / Milk 1
4/16/18	4/17/18	4/18/18	4/19/18	4/20/18
Meatball Sub with Mozzarella Cheese or Hot Dog on Roll	Nachos Grande with Tortilla Chips or Hot Ham & Cheese on Roll	French Toast Sticks w/ Oven Browned Sausage or Cheeseburger on Roll	Hot Turkey & Gravy over Noodles or Soft Beef Taco	Macaroni & Cheese w/ Whole Wheat Bread or Crispy Fish Sticks with Whole Wheat Bread
Featured Veggies: Steamed Carrots, Homemade Baked Beans, Fresh Orange Wedges / Milk 2	Featured Veggies: Steamed Corn, Fresh Romaine Salad, Red Delicious Apple / Milk 3	Featured Veggies: Hash Brown Triangles, Fresh Celery & Carrots, Mandarin Oranges / Milk 4	Featured Veggies: Mashed Potatoes, Fresh Red Pepper Strips, Chilled Mixed Fruit / Milk 5	Featured Veggies: Steamed Green Peas, Fresh Cucumber Slices, Chilled Applesauce / Milk 6
4/23/18	4/24/18	4/25/18	4/26/18	4/27/18
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll	Toasted Cheese Sandwich or Mini Corn Dogs	Walking Loco Taco with Dinner Roll or Crispy Chicken Patty on Roll	Homemade Beef Lasagna with Italian Bread Slice or Hot Dog on Roll	Hot Ham & Cheese Stromboli w/ Sauce or Cheeseburger on Roll
Featured Veggies: Steamed Green Beans, Fresh Baby Carrots, Red Delicious Apple / Milk 1	Featured Veggies: Creamy Tomato Soup, Fresh Broccoli with Dip, Chilled Mixed Fruit / Milk 2	Featured Veggies: Steamed Corn, Homemade Baked Beans, Chilled Peaches / Milk 3	Featured Veggies: Steamed Mixed Vegetables, Fresh Romaine Salad, Chilled Mixed Fruit / Milk 4	Featured Veggies: Steamed Green Beans, Fresh Cherry Tomatoes, Chilled Mixed Fruit / Milk 5
4/30/18				
Italian Dunkers with Pepperoni or Crispy Chicken Patty on Roll				
Featured Veggies: Homemade Baked Beans, Fresh Baby Carrots, Chilled Applesauce / Milk 6				
Student Paid Lunch \$2.35		Student Reduced Lunch \$0.40		Adult Lunch \$3.60
Chris Ammon	General Manager	cammon@jcsdk12.org	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	kgilson@jcsdk12.org	(717) 436-2111 ext. 5015	

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

Weekly Vegetable Subgroups

May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

Leave Your Lunch at Home

- Daily entrée options may include:
- Fresh-Made Craveable Lunches with Dinner Roll prepared daily
- Nardone's Pizza served every day M-W-F Cheese Pizza T-Th Pepperoni Pizza
- Uncrustable PBJ & Mozzarella Cheese Stick OR Cheese Sandwich served in our Peanut-Free kitchens
- Chicken Nuggets with Dinner Roll
- RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

Join Our Staff!

Call today for an interview to be a substitute team member
An equal opportunity employer

Menu subject to change