

Juniata County School District Fermanagh & Monroe Elementary Lunch Menu April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
4/2/18	4/3/18	4/4/18	4/5/18	4/6/18
NO SCHOOL	Pepperoni Roll <small>Rolled up Homemade Pizza Slice or Cheeseburger on Roll</small>	Macaroni & Cheese w/ Whole Wheat Bread or Mini Corn Dogs	Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll	Soft Beef Taco or Crispy Fish Sticks w/ Whole Wheat Bread
	Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Peaches / Milk 5	Featured Veggies: Mashed Potato Smiles Fresh Red Pepper Strips Red Delicious Apple / Milk 6	Featured Veggies: Steamed Carrots Fresh Romaine Salad Mandarin Oranges / Milk 1	Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Pineapple / Milk 2
4/9/18	4/10/18	4/11/18	4/12/18	4/13/18
Chicken Noodle Bake with Dinner Roll or Cheeseburger on Roll	French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub	Walking Loco Taco with Dinner Roll or Hot Dog on Roll	Spaghetti & Meatballs w/ Garlic Bread Slice or Crispy Chicken Patty on Roll	Soft Pretzels with Cheese Sauce or Cheeseburger on Roll
Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Applesauce / Milk 3	Featured Veggies: Mashed Potato Smiles Fresh Cucumber Slices Fresh Orange Wedges / Milk 4	Featured Veggies: Steamed Mixed Vegetables Fresh Celery Sticks Chilled Peaches / Milk 5	Featured Veggies: Steamed Green Beans Fresh Romaine Salad Chilled Applesauce / Milk 6	Featured Veggies: Steamed Carrots Fresh Cherry Tomatoes Chilled Mixed Fruit / Milk 1
4/16/18	4/17/18	4/18/18	4/19/18	4/20/18
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll	Walking Loco Taco with Dinner Roll or Hot Dog on Roll	Homemade Beef Lasagna w/ Italian Bread Slice or Crispy Chicken Patty on Roll	Nachos Grande with Tortilla Chips or Cheeseburger on Roll	Soft Beef Taco or Crispy Fish Sticks w/ Whole Wheat Bread
Featured Veggies: Steamed Green Peas Fresh Cucumber Slices Chilled Applesauce / Milk 2	Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Peaches / Milk 3	Featured Veggies: Steamed Mixed Vegetables Fresh Red Pepper Strips Fresh orange Wedges / Milk 4	Featured Veggies: Steamed Corn Fresh Red Pepper Strips Chilled Mixed Fruit / Milk 5	Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Pineapple / Milk 6
4/23/18	4/24/18	4/25/18	4/26/18	4/27/18
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll	Pepperoni Roll <small>Rolled up Homemade Pizza Slice or Cheeseburger on Roll</small>	Macaroni & Cheese w/ Whole Wheat Bread or Mini Corn Dogs	Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll	Soft Beef Taco or Crispy Fish Sticks w/ Whole Wheat Bread
Featured Veggies: Steamed Green Peas Fresh Cucumber Slices Chilled Applesauce / Milk 1	Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Peaches / Milk 2	Featured Veggies: Mashed Potato Smiles Fresh Red Pepper Strips Red Delicious Apple / Milk 3	Featured Veggies: Steamed Carrots Fresh Romaine Salad Mandarin Oranges / Milk 4	Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Pineapple / Milk 5
4/30/18				
Chicken Noodle Bake with Dinner Roll or Cheeseburger on Roll				
Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Applesauce / Milk 6				
Student Paid Lunch \$2.35		Student Reduced Lunch \$0.40		Adult Lunch \$3.60
Chris Ammon	General Manager	cammon@jcsdk12.org	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	kaillson@jcsdk12.org	(717) 436-2111 ext. 5015	

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

Weekly Vegetable Subgroups

May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

Leave Your Lunch at Home

- Daily entrée options may include:
- Fresh-Made Craveable Lunches with Dinner Roll prepared daily
- Uncrustable PBJ & Mozzarella Cheese Stick
- OR
- Cheese Sandwich served in our Peanut-Free kitchens

- Chicken Nuggets with Dinner Roll
- RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

We need your smile!
Call today for an interview to be a
Join Our Staff!
An equal opportunity employer

Menu subject to change