






# Juniata County School District Breakfast Menu April 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<b>4/2/18</b> <b>NO SCHOOL</b> 	<b>4/3/18</b> <b>Breakfast Pizza</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	<b>4/4/18</b> <b>Fruit &amp; Yogurt Parfait with Toast and Jelly</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	<b>4/5/18</b> <b>Crispy Dutch Waffle</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 1	<b>4/6/18</b> <b>Ham, Egg, &amp; Cheese on English Muffin</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 2
<b>4/9/18</b> <b>French Toast Sticks with Syrup</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	<b>4/10/18</b> <b>Bacon, Egg, &amp; Cheese Burrito</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 4	<b>4/11/18</b> <b>Breakfast Pizza</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	<b>4/12/18</b> <b>Fruit &amp; Yogurt Parfait with Toast and Jelly</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	<b>4/13/18</b> <b>Pancakes with Syrup</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 1
<b>4/16/18</b> <b>Waffles with Syrup</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	<b>4/17/18</b> <b>Breakfast Pizza</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	<b>4/18/18</b> <b>Fruit &amp; Yogurt Parfait with Toast and Jelly</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 4	<b>4/19/18</b> <b>Crispy Dutch Waffle</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	<b>4/20/18</b> <b>Ham, Egg, &amp; Cheese on English Muffin</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 6
<b>4/23/18</b> <b>Pancakes with Syrup</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 1	<b>4/24/18</b> <b>Bacon, Egg, &amp; Cheese Burrito</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	<b>4/25/18</b> <b>Breakfast Pizza</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	<b>4/26/18</b> <b>French Toast Sticks with Syrup</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 4	<b>4/27/18</b> <b>Ham, Egg, &amp; Cheese on English Muffin</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 5
<b>4/30/18</b> <b>Pancakes with Syrup</b> or <b>Assorted Cereals with Whole Grain Toast</b> 100% Fruit Juice or Fresh or Canned Fruit & Milk 6				
<b>GOOD NEWS!!</b> If you qualify for free or reduced lunch, you also qualify for free or reduced breakfast! Applications can be found online at <a href="http://www.compass.state.pa.us">www.compass.state.pa.us</a> or at your school office. Any charges accumulated prior to approved applications taking affect must be paid so get your application in today!!! Student Paid Breakfast \$1.30 Student Reduced Breakfast \$ 0.30 Adult \$2.30				
Chris Ammon	General Manager	<a href="mailto:cammon@jcsdk12.org">cammon@jcsdk12.org</a>	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	<a href="mailto:kgilson@jcsdk12.org">kgilson@jcsdk12.org</a>	(717) 436-2111 ext. 5015	

### What is a Meal?

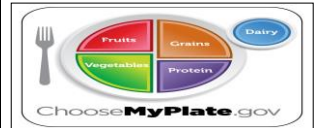
You must choose at least 3 of the 4 components available for the school breakfast price.

- Choice of: Grain or grain/protein
- Choice of fruit and
- Choice of Milk
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream and strawberry

### Selection May Include:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Rice Crunch
- Kix
- Cheerios
- Fruit Loops
- Frosted Flakes

Served with Whole Grain Toast



### Additional Entrees

#### May Include:

- Warm Pillsbury Cinni-Minis
  - Chocolate Chip Muffins
  - Whole-Grain Enriched Donuts
- (Donuts available at TJHS, JHS, and EJ only)

### Fruit May Include:

- Canned peaches, applesauce,
- pears, pineapple, fruit cocktail,
- mandarin oranges, 100% juice,
- and a variety of fresh fruits

This institution is an equal opportunity provider  
Menu subject to change