

Juniata County School District Elementary Lunch Menu March 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			3/1/18 Spaghetti & Meat Sauce w/ Toasted Garlic Bread or Crispy Chicken Patty on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Celery & Carrots Chilled Pineapple / Milk 3	3/2/18 Soft Pretzels with Cheese Sauce or Cheeseburger on Roll <hr/> Featured Veggies: Sweet Potato Fries Fresh Romaine Salad Red Delicious Apple / Milk 4
3/5/18	3/6/18	3/7/18	3/8/18	3/9/18
Meatball Sub with Mozzarella Cheese or Hot Dog on Roll <hr/> Featured Veggies: Homemade Baked Beans Fresh Baby Carrots Chilled Pears / Milk 5	Nachos Grande with Tortilla Chips or Hot Ham & Cheese Sub <hr/> Featured Veggies: Steamed Corn Fresh Romaine Salad Chilled Applesauce / Milk 6	French Toast Sticks w/ Oven Browned Sausage or Cheeseburger on Roll <hr/> Featured Veggies: Hash Brown Triangles Fresh Celery Sticks Fresh Orange Wedges / Milk 1	Hot Turkey & Gravy over Noodles or Soft Beef Taco <hr/> Featured Veggies: Mashed Potatoes Fresh Cucumber Slices Chilled Peaches / Milk 2	Macaroni & Cheese w/ Whole Wheat Bread or Crispy Fish Sticks with Whole Wheat Bread <hr/> Featured Veggies: Steamed Carrots Fresh Cherry Tomatoes Chilled Mixed Fruit / Milk 3
3/12/18	3/13/18	3/14/18	3/15/18	3/16/18
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Celery & Carrots Fresh Orange Wedges / Milk 4	Toasted Cheese Sandwich or Mini Corn Dogs <hr/> Featured Veggies: Creamy Tomato Soup Fresh Broccoli with Dip Chilled Mixed Fruit / Milk 5	Walking Loco Taco with Dinner Roll or Pepperoni Pizza Bagel <hr/> Featured Veggies: Steamed Corn Fresh Cauliflower with Dip Chilled Peaches / Milk 6	Homemade Beef Lasagna w/ Toasted Garlic Bread or Hot Dog on Roll <hr/> Featured Veggies: Steamed Mixed Vegetables Fresh Romaine Salad Chilled Applesauce / Milk 1	NO SCHOOL 
3/19/18	3/20/18	3/21/18	3/22/18	3/23/18
Italian Dunkers with Pepperoni or Crispy Chicken Patty on Roll <hr/> Featured Veggies: Homemade Baked Beans Fresh Cucumber Slices Red Delicious Apple / Milk 2	French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub <hr/> Featured Veggies: Hash Brown Triangles Fresh Baby Carrots Chilled Mixed Fruit / Milk 3	Chicken Noodle Soup w/ Soft Pretzel Rod or Cheeseburger on Roll <hr/> Featured Veggies: Broccoli with Cheese Sauce Fresh Red Pepper Strips Mandarin Oranges / Milk 4	Hot Turkey Sandwich with Gravy or Hot Dog on Roll <hr/> Featured Veggies: Mashed Potatoes Fresh Baby Carrots Chilled Mixed Fruit / Milk 5	Walking Loco Taco with Dinner Roll or Crispy Fish Sticks with Whole Wheat Bread <hr/> Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Peaches / Milk 6
3/26/18	3/27/18	3/28/18	3/29/18	3/30/18
Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll <hr/> Featured Veggies: Steamed Mixed Vegetables Fresh Baby Carrots Chilled Applesauce / Milk 1	Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll <hr/> Featured Veggies: Mashed Potatoes w/ Gravy Fresh Cucumber Slices Chilled Peaches / Milk 2	Toasted Cheese Sandwich or Chicken Fajita Wrap <hr/> Featured Veggies: Creamy Tomato Soup Fresh Romaine Salad Fresh Orange Wedges / Milk 3	Hot Ham & Cheese Stromboli w/ Sauce or Crispy Chicken Patty on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Broccoli with Dip Chilled Peaches / Milk 4	NO SCHOOL 
Student Paid Lunch \$2.35 Student Reduced Lunch \$0.40 Adult Lunch \$3.60				
Chris Ammon	General Manager	cammon@jcsdk12.org	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	kgilson@jcsdk12.org	(717) 436-2111 ext. 5015	

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

Weekly Vegetable Subgroups

May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

Leave Your Lunch at Home

Daily entrée options may include:

Fresh-Made Craveable Lunches with Dinner Roll prepared daily

Nardone's Pizza served every day
M-W-F Cheese Pizza
T-Th Pepperoni Pizza

Uncrustable PB&J & Mozzarella Cheese Stick
OR
Cheese Sandwich served in our Peanut-Free kitchens

Chicken Nuggets with Dinner Roll

RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

Join Our Staff!

Call today for an interview to be a substitute team member
An equal opportunity employer

Menu subject to change