

# Juniata County School District Breakfast Menu February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
				
<b>2/5/18</b>	<b>2/6/18</b>	<b>2/7/18</b>	<b>2/8/18</b>	<b>2/9/18</b>
French Toast Sticks with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 1	Ham, Egg, & Cheese on English Muffin or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	Bacon, Egg, & Cheese Burrito or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	Fruit & Yogurt Parfait with Toast and Jelly or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 4
<b>2/12/18</b>	<b>2/13/18</b>	<b>2/14/18</b>	<b>2/15/18</b>	<b>2/16/18</b>
Pancakes with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	Fruit & Yogurt Parfait with Toast and Jelly or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 1	Crispy Dutch Waffle or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	NO SCHOOL 
<b>2/19/18</b>	<b>2/20/18</b>	<b>2/21/18</b>	<b>2/22/18</b>	<b>2/23/18</b>
Waffles with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 4	Fruit & Yogurt Parfait with Toast and Jelly or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 5	French Toast Sticks with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 6	Ham, Egg & Cheese on English Muffin or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 1
<b>2/26/18</b>	<b>2/27/18</b>	<b>2/28/18</b>		
French Toast Sticks with Syrup or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 2	Bacon, Egg, & Cheese Burrito or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 3	Breakfast Pizza or Assorted Cereals with Whole Grain Toast 100% Fruit Juice or Fresh or Canned Fruit & Milk 4		
<b>GOOD NEWS!!</b> If you qualify for free or reduced lunch, you also qualify for free or reduced breakfast! Applications can be found online at <a href="http://www.compass.state.pa.us">www.compass.state.pa.us</a> or at your school office. Any charges accumulated prior to approved applications taking affect must be paid so get your application in today!!! Student Paid Breakfast \$1.30 Student Reduced Breakfast \$ 0.30 Adult \$2.30				
Chris Ammon	General Manager	<a href="mailto:cammon@jcsdk12.org">cammon@jcsdk12.org</a>	(717) 436-2193 ext 5084	
Kathy Gilson	Food Service Support	<a href="mailto:kgilson@jcsdk12.org">kgilson@jcsdk12.org</a>	(717) 436-2111 ext 5015	

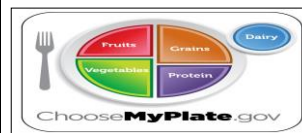
### What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.  
 Choice of: Grain or grain/protein  
 Choice of fruit and  
 Choice of Milk  
 Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream and strawberry

### Selection May Include:

- Cinnamon Toast Crunch
- Trix
- Cocoa Puffs
- Fruity Cheerios
- Rice Crunch
- Kix
- Cheerios
- Fruit Loops
- Frosted Flakes

Served with Whole Grain Toast



### Additional Entrees

#### May Include:

- Warm Pillsbury Cinni-Minis
  - Chocolate Chip Muffins
  - Whole-Grain Enriched Donuts
- (Donuts available at TJHS, JHS, and EJ only)

### Fruit May Include:

- Canned peaches, applesauce,
- pears, pineapple, fruit cocktail,
- mandarin oranges, 100% juice,
- and a variety of fresh fruits

This institution is an equal opportunity provider  
 Menu subject to change