

# Juniata County School District Fermanagh Elementary Lunch Menu February 2018



Monday	Tuesday	Wednesday	Thursday	Friday
			<b>2/1/18</b> Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll <hr/> Featured Veggies: Steamed Carrots Fresh Romaine Salad Mandarin Oranges / Milk 4	<b>2/2/18</b> Soft Beef Taco or Crispy Fish Sticks w/ Whole Wheat Bread <hr/> Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Pineapple / Milk 5
<b>2/5/18</b>	<b>2/6/18</b>	<b>2/7/18</b>	<b>2/8/18</b>	<b>2/9/18</b>
Chicken Noodle Bake with Dinner Roll or Cheeseburger on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Applesauce / Milk 6	French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub <hr/> Featured Veggies: Mashed Potato Smiles Fresh Cucumber Slices Fresh Orange Wedges / Milk 1	Walking Loco Taco with Dinner Roll or Hot Dog on Roll <hr/> Featured Veggies: Steamed Mixed Vegetables Fresh Celery Sticks Chilled Peaches / Milk 2	Spaghetti & Meatballs w/ Garlic Bread Slice or Crispy Chicken Patty on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Romaine Salad Chilled Applesauce / Milk 3	Soft Pretzels with Cheese Sauce or Cheeseburger on Roll <hr/> Featured Veggies: Steamed Carrots Fresh Romaine Salad Chilled Mixed Fruit / Milk 4
<b>2/12/18</b>	<b>2/13/18</b>	<b>2/14/18</b>	<b>2/15/18</b>	<b>2/16/18</b>
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll <hr/> Featured Veggies: Steamed Green Peas Fresh Cucumber Slices Chilled Mixed Fruit / Milk 5	Pepperoni Roll Rolled up Homemade Pizza Slice or Cheeseburger on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Peaches / Milk 6	Macaroni & Cheese w/ Whole Wheat Bread or Mini Corn Dogs <hr/> Featured Veggies: Mashed Potato Smiles Fresh Red Pepper Strips Red Delicious Apple / Milk 1	Soft Beef Taco or Crispy Fish Sticks w/ Whole Wheat Bread <hr/> Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Pineapple / Milk 2	NO SCHOOL 
<b>2/19/18</b>	<b>2/20/18</b>	<b>2/21/18</b>	<b>2/22/18</b>	<b>2/23/18</b>
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll <hr/> Featured Veggies: Steamed Green Peas Fresh Cucumber Slices Chilled Applesauce / Milk 3	Pepperoni Roll Rolled up Homemade Pizza Slice or Cheeseburger on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Peaches / Milk 4	Macaroni & Cheese w/ Whole Wheat Bread or Mini Corn Dogs <hr/> Featured Veggies: Mashed Potato Smiles Fresh Red Pepper Strips Red Delicious Apple / Milk 5	Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll <hr/> Featured Veggies: Steamed Carrots Fresh Romaine Salad Mandarin Oranges / Milk 6	Soft Beef Taco or Crispy Fish Sticks w/ Whole Wheat Bread <hr/> Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Pineapple / Milk 1
<b>2/26/18</b>	<b>2/27/18</b>	<b>2/28/18</b>		
Chicken Noodle Bake with Dinner Roll or Cheeseburger on Roll <hr/> Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Applesauce / Milk 2	French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub <hr/> Featured Veggies: Mashed Potato Smiles Fresh Cucumber Slices Fresh Orange Wedges / Milk 3	Walking Loco Taco with Dinner Roll or Hot Dog on Roll <hr/> Featured Veggies: Steamed Mixed Vegetables Fresh Celery Sticks Chilled Peaches / Milk 4		
<b>Student Paid Lunch \$2.35      Student Reduced Lunch \$0.40      Adult Lunch \$3.60</b>				
Chris Ammon	General Manager	<a href="mailto:cammon@jcsdk12.org">cammon@jcsdk12.org</a>	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	<a href="mailto:kgilson@jcsdk12.org">kgilson@jcsdk12.org</a>	(717) 436-2111 ext. 5015	

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

### Weekly Vegetable Subgroups

#### May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Daily Fruit Selections

#### May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

### Leave Your Lunch at Home

Daily entrée options may include:  
Fresh-Made Craveable Lunches with Dinner Roll prepared daily

Nardone's Pizza served every day  
M-W-F Cheese Pizza  
T-Th Pepperoni Pizza

Uncrustable PB&J & Mozzarella Cheese Stick  
OR  
Cheese Sandwich served in our Peanut-Free kitchens

Chicken Nuggets with Dinner Roll

RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

### Join Our Staff!

Call today for an interview to be a substitute team member  
An equal opportunity employer

Menu subject to change