

Juniata County School District Elementary Lunch Menu January 2018



Monday 1/1/18	Tuesday 1/2/18	Wednesday 1/3/18	Thursday 1/4/18	Friday 1/5/18
		Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll Featured Veggies: Steamed Corn Fresh Broccoli with Dip Chilled Pears / Milk 4	Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll Featured Veggies: Mashed Potatoes w/ Gravy Fresh Romaine Salad Red Delicious Apple / Milk 5	Beef 'n Cheddar Fries w/ Pretzel Rod & Roll or Mini Corn Dogs Featured Veggies: Homemade Baked Beans Fresh Celery Sticks Chilled Pineapple / Milk 6
Italian Dunkers with Pepperoni or Crispy Chicken Patty on Roll Featured Veggies: Steamed Mixed Vegetables Fresh Baby Carrots Chilled Applesauce / Milk 1	French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub Featured Veggies: Hash Brown Triangles Fresh Cucumber Slices Mandarin Oranges / Milk 2	Chicken Noodle Soup w/ Soft Pretzel Rod or Cheeseburger on Roll Featured Veggies: Broccoli with Cheese Sauce Fresh Romaine Salad Chilled Peaches / Milk 3	Homemade Beef Lasagna w/ Italian Bread Slice or Hot Dog on Roll Featured Veggies: Steamed Carrots Fresh Cauliflower with Dip Chilled Applesauce / Milk 4	Walking Loco Taco with Dinner Roll or Hot Ham & Cheese on Roll Featured Veggies: Homemade Baked Beans Fresh Cherry Tomatoes Chilled Peaches / Milk 5
1/15/18 NO SCHOOL 	Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll Featured Veggies: Candied Sweet Potatoes Broccoli with Cheese Sauce Chilled Mixed Fruit / Milk 6	Toasted Cheese Sandwich or Chicken Fajita Wrap Featured Veggies: Creamy Tomato Soup Fresh Cucumber Slices Chilled Peaches / Milk 1	Spaghetti & Meat Sauce w/ Garlic Bread Slice or Crispy Chicken Patty on Roll Featured Veggies: Steamed Green Beans Fresh Romaine Salad Chilled Applesauce / Milk 2	1/19/18 NO SCHOOL 
Meatball Sub with Mozzarella Cheese or Hot Dog on Roll Featured Veggies: Homemade Baked Beans Fresh Cucumber Slices Chilled Applesauce / Milk 3	Nachos Grande Tortilla Chips or Hot Ham & Cheese Sub Featured Veggies: Steamed Corn Fresh Cauliflower with Dip Chilled Peaches / Milk 4	French Toast Sticks w/ Oven Browned Sausage or Cheeseburger on Roll Featured Veggies: Hash Brown Triangles Fresh Red Pepper Strips Mandarin Oranges / Milk 5	Hot Turkey & Gravy over Noodles or Soft Beef Taco Featured Veggies: Mashed Potatoes Fresh Baby Carrots Red Delicious Apple / Milk 6	Macaroni & Cheese w/ Whole Wheat Bread or Crispy Fish Sticks with Whole Wheat Bread Featured Veggies: Steamed Carrots Fresh Broccoli with Dip Chilled Mixed Fruit / Milk 1
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll Featured Veggies: Steamed Green Beans Fresh Baby Carrots Red Delicious Apple / Milk 2	Toasted Cheese Sandwich or Mini Corn Dogs Featured Veggies: Creamy Tomato Soup Fresh Cucumber Slices Chilled Peaches / Milk 3	Walking Loco Taco with Dinner Roll or Pepperoni Pizza Bagel Featured Veggies: Steamed Corn Fresh Romaine Salad Chilled Pears / Milk 4		
Student Paid Lunch \$2.35 Student Reduced Lunch \$0.40 Adult Lunch \$3.60				
Chris Ammon	General Manager	cammon@jcsdk12.org	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	kgilson@jcsdk12.org	(717) 436-2111 ext. 5015	

What is a Meal?
You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Meat or meat alternate
Choice of Vegetable
Choice of Fruit
Grain/Bread
Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

Weekly Vegetable Subgroups

May Include:
Dark green - spinach, broccoli, romaine and spring salad
Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
Legumes - beans and peas
Starchy - white potatoes, corn, peas, and lima beans
Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:
oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

Leave Your Lunch at Home

Daily entrée options may include:
Fresh-Made Craveable Lunches with Dinner Roll prepared daily

Nardone's Pizza served every day
M-W-F Cheese Pizza
T-Th Pepperoni Pizza

Uncrustable PB&J & Mozzarella Cheese Stick
OR
Cheese Sandwich served in our Peanut-Free kitchens

Chicken Nuggets with Dinner Roll
RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

Join Our Staff!
Call today for an interview to be a substitute team member
An equal opportunity employer

Menu subject to change