

Juniata County School District Elementary Lunch Menu November 2017



Monday	Tuesday	Wednesday	Thursday	Friday
		<p>11/1/17</p> <p>Crispy Popcorn Chicken with Dinner Roll or Soft Beef Taco</p> <hr/> <p>Featured Veggies: Mashed Potatoes w/ Gravy Fresh Red Pepper Strips Mandarin Oranges / Milk 3</p>	<p>11/2/17</p> <p>French Toast Sticks w/ Oven Browned Sausage or Cheeseburger on Roll</p> <hr/> <p>Featured Veggies: Hash Brown Triangles Fresh Red Pepper Strips Mandarin Oranges / Milk 4</p>	<p>11/3/17</p> <p>Walking Loco Taco with Dinner Roll or Crispy Fish Nuggets w/ Whole Wheat Bread</p> <hr/> <p>Featured Veggies: Steamed Corn Fresh Celery & Carrots Chilled Pears / Milk 5</p>
<p>11/6/17</p> <p>Crispy Popcorn Chicken with Dinner Roll or Cheesesteak Sub</p> <hr/> <p>Featured Veggies: Broccoli with Cheese Sauce Homemade Baked Beans Chilled Pineapple / Milk 6</p>	<p>11/7/17</p> <p>Macaroni & Cheese with Whole Wheat Bread or BBQ Chicken Sub</p> <hr/> <p>Featured Veggies: Steamed Mixed Vegetables Fresh Cherry Tomatoes Chilled Mixed Fruit / Milk 1</p>	<p>11/8/17</p> <p>Walking Loco Taco with Dinner Roll or Hot Ham & Cheese on Roll</p> <hr/> <p>Featured Veggies: Steamed Carrots Fresh Cauliflower with Dip Fresh Orange Wedges / Milk 2</p>	<p>11/9/17</p> <p style="text-align: center;">NO SCHOOL</p>	<p>11/10/17</p> <p style="text-align: center;">NO SCHOOL</p>
<p>11/13/17</p> <p>Meatball Sub with Mozzarella Cheese or Crispy Chicken Patty on Roll</p> <hr/> <p>Featured Veggies: Steamed Green Peas Fresh Celery Sticks Chilled Pears / Milk 3</p>	<p>11/14/17</p> <p>Tender Roast Turkey w/ Homemade Stuffing or Cheeseburger on Roll</p> <hr/> <p>Featured Veggies: Mashed Potatoes with Gravy Candied Sweet Potatoes Chilled Mixed Fruit / Milk 4</p>	<p>11/15/17</p> <p>Beef 'n Cheese Fries with Pretzel Rod and Roll or Hot Dog on Roll</p> <hr/> <p>Featured Veggies: Homemade Baked Beans Fresh Romaine Salad Chilled Applesauce / Milk 5</p>	<p>11/16/17</p> <p>French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub</p> <hr/> <p>Featured Veggies: Hash Brown Triangles Fresh Cherry Tomatoes Mandarin Oranges / Milk 6</p>	<p>11/17/17</p> <p>Macaroni & Cheese w/ Whole Wheat Bread or Crispy Fish Nuggets w/ Whole Wheat Bread</p> <hr/> <p>Featured Veggies: Steamed Green Beans Fresh Broccoli with Dip Red Delicious Apple / Milk 1</p>
<p>11/20/17</p> <p>Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll</p> <hr/> <p>Featured Veggies: Homemade Baked Beans Fresh Cucumber Slices Chilled Mixed Fruit / Milk 2</p>	<p>11/21/17</p> <p>Spaghetti & Meat Sauce with Garlic Bread Slice or Crispy Chicken Patty on Roll</p> <hr/> <p>Featured Veggies: Steamed Green Beans Fresh Baby Carrots Chilled Peaches / Milk 3</p>	<p>11/22/17</p> <p>Soft Pretzels with Cheese Sauce or Mini Corn Dogs</p> <hr/> <p>Featured Veggies: Steamed Mixed Vegetables Assorted Fresh Veggies Chilled Peaches / Milk 4</p>	<p>11/23/17</p> <p style="text-align: center;">NO SCHOOL</p>	<p>11/24/17</p> <p style="text-align: center;">NO SCHOOL</p>
<p>11/27/17</p> <p style="text-align: center;">NO SCHOOL</p>	<p>11/28/17</p> <p style="text-align: center;">NO SCHOOL</p>	<p>11/29/17</p> <p>Chicken Noodle Soup w/ Soft Pretzel Rod or Cheeseburger on Roll</p> <hr/> <p>Featured Veggies: Broccoli with Cheese Sauce Fresh Romaine Salad Chilled Mixed Fruit / Milk 5</p>	<p>11/30/17</p> <p>Walking Loco Taco with Dinner Roll or Hot Ham & Cheese on Roll</p> <hr/> <p>Featured Veggies: Homemade Baked Beans Fresh Cauliflower with Dip Chilled Applesauce / Milk 6</p>	
Student Paid Lunch \$2.35		Student Reduced Lunch \$0.40		Adult Lunch \$3.60
Chris Ammon	General Manager	cammon@jcsdk12.org	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	kgilson@jcsdk12.org	(717) 436-2111 ext. 5015	

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

Weekly Vegetable Subgroups

May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

Leave Your Lunch at Home

Daily entrée options may include:

- Fresh-Made Craveable Lunches with Dinner Roll prepared daily
- Nardone's Pizza served every day
M-W-F Cheese Pizza
T-Th Pepperoni Pizza
- Uncrustable PB&J & Mozzarella Cheese Stick
OR
Cheese Sandwich served in our Peanut-Free kitchens

Chicken Nuggets with Dinner Roll

RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

Join Our Staff!

Call today for an interview to be a substitute team member
An equal opportunity employer

Menu subject to change