

# Juniata County School District Elementary Lunch Menu August-September 2017



Monday	Tuesday	Wednesday	Thursday	Friday
<b>8/28/17</b>	<b>8/29/17</b>	<b>8/30/17</b>	<b>8/31/17</b>	<b>9/1/17</b>
Crispy Popcorn Chicken with Dinner Roll or Hot Ham & Cheese on Roll	Spaghetti & Meatballs w/ Whole Wheat Bread or Crispy Chicken Patty on Roll	Hot Turkey & Gravy over Noodles or Mini Corn Dogs	Soft Pretzels with Cheese Sauce or Cheeseburger on Roll	Walking Loco Taco with Dinner Roll or Crispy Fish Nuggets w/ Whole Wheat Bread
<b>Featured Veggies:</b> Homemade Baked Beans Fresh Cucumber Slices Chilled Mixed Fruit / Milk 1	<b>Featured Veggies:</b> Steamed Green Beans Fresh Baby Carrots Chilled Peaches / Milk 2	<b>Featured Veggies:</b> Mashed Potatoes Fresh Red Pepper Strips Red Delicious Apple / Milk 3	<b>Featured Veggies:</b> Steamed Carrots Fresh Romaine Salad Mandarin Oranges / Milk 4	<b>Featured Veggies:</b> Crispy Tater Tots Fresh Broccoli with Dip Chilled Pineapple / Milk 5
<b>9/4/17</b>	<b>9/5/17</b>	<b>9/6/17</b>	<b>9/7/17</b>	<b>9/8/17</b>
<b>NO SCHOOL</b>	French Toast Sticks w/ Oven Browned Sausage or Cheesesteak Sub	Chicken Noodle Soup w/ Soft Pretzel Rod or Cheeseburger on Roll	Chicken & Waffles with Gravy or Hot Dog on Roll	Macaroni & Cheese w/ Whole Wheat Bread or Meatball Sub with Mozzarella Cheese
<i>Happy Labor Day!</i> 	<b>Featured Veggies:</b> Hash Brown Triangles Fresh Cucumber Slices Fresh Orange Wedges / Milk 6	<b>Featured Veggies:</b> Broccoli with Cheese Sauce Fresh Baby Carrots Chilled Peaches / Milk 1	<b>Featured Veggies:</b> Mashed Potatoes Fresh Romaine Salad Red Delicious Apple / Milk 2	<b>Featured Veggies:</b> Homemade Baked Beans Fresh Cherry Tomatoes Chilled Peaches / Milk 3
<b>9/11/17</b>	<b>9/12/17</b>	<b>9/13/17</b>	<b>9/14/17</b>	<b>9/15/17</b>
Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll	Toasted Cheese Sandwich or Chicken Fajita Wrap	Spaghetti & Meat Sauce w/ Whole Wheat Bread or Mini Corn Dogs	Walking Loco Taco with Dinner Roll or Hot Ham & Cheese on Roll	Soft Pretzels with Cheese Sauce or Meatball Sub with Mozzarella Cheese
<b>Featured Veggies:</b> Candied Sweet Potatoes Broccoli with Cheese Sauce Fresh Orange Wedges/Milk 4	<b>Featured Veggies:</b> Creamy Tomato Soup Fresh Cucumber Slices Chilled Pineapple / Milk 5	<b>Featured Veggies:</b> Steamed Green Peas Fresh Baby Carrots Chilled Peaches / Milk 6	<b>Featured Veggies:</b> Homemade Baked Beans Fresh Cauliflower with Dip Chilled Applesauce / Milk 1	<b>Featured Veggies:</b> Steamed Corn Fresh Broccoli with Dip Chilled Mixed Fruit / Milk 2
<b>9/18/17</b>	<b>9/19/17</b>	<b>9/20/17</b>	<b>9/21/17</b>	<b>9/22/17</b>
Cheesesteak Sub or Hot Dog on Roll	Homemade Beef Lasagna with Italian Bread Slice or Crispy Chicken Patty on Roll	French Toast Sticks w/ Oven Browned Sausage or Cheeseburger on Roll	Crispy Popcorn Chicken with Dinner Roll or Soft Beef Taco	<b>NO SCHOOL</b>
<b>Featured Veggies:</b> Steamed Carrots Homemade Baked Beans Chilled Peaches / Milk 3	<b>Featured Veggies:</b> Steamed Green Beans Fresh Cauliflower with Dip Chilled Applesauce / Milk 4	<b>Featured Veggies:</b> Hash Brown Triangles Fresh Red Pepper Strips Mandarin Oranges / Milk 5	<b>Featured Veggies:</b> Mashed Potatoes w/ Gravy Fresh Romaine Salad Chilled Mixed Fruit / Milk 6	
<b>9/25/17</b>	<b>9/26/17</b>	<b>9/27/17</b>	<b>9/28/17</b>	<b>9/29/17</b>
Crispy Popcorn Chicken with Dinner Roll or Cheesesteak Sub	Macaroni & Cheese with Whole Wheat Bread or BBQ Chicken Sub	Walking Loco Taco with Dinner Roll or Hot Ham & Cheese on Roll	Toasted Cheese Sandwich or Chicken Fajita Wrap	Homemade Beef Lasagna with Italian Bread Slice or Hot Dog on Roll
<b>Featured Veggies:</b> Broccoli with Cheese Sauce Homemade Baked Beans Chilled Pineapple / Milk 1	<b>Featured Veggies:</b> Steamed Mixed Vegetables Fresh Cherry Tomatoes Chilled Mixed Fruit / Milk 2	<b>Featured Veggies:</b> Steamed Carrots Fresh Cauliflower with Dip Fresh Orange Wedges / Milk 3	<b>Featured Veggies:</b> Creamy Tomato Soup Fresh Cucumber Slices Chilled Pears / Milk 4	<b>Featured Veggies:</b> Steamed Green Beans Fresh Romaine Salad Chilled Peaches / Milk 5
<b>Student Paid Lunch \$2.35</b>			<b>Student Reduced Lunch \$0.40</b>	
<b>Adult Lunch \$3.60</b>				

### What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

### Weekly Vegetable Subgroups

#### May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

### Daily Fruit Selections

#### May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

### Leave Your Lunch at Home

- Daily entrée options may include:
- Fresh-Made Craveable Lunches with Dinner Roll prepared daily
  - Nardone's Pizza served every day  
M-W-F Cheese Pizza  
T-Th Pepperoni Pizza
  - Uncrustable PB&J & Mozzarella Cheese Stick  
OR  
Cheese Sandwich served in our Peanut-Free kitchens
  - Chicken Nuggets with Dinner Roll
  - RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

### Join Our Staff!

Call today for an interview to be a substitute team member  
An equal opportunity employer

Menu subject to change