

Juniata County School District Breakfast Menu August-September 2017



Monday	Tuesday	Wednesday	Thursday	Friday
8/28/17	8/29/17	8/30/17	8/31/17	9/1/17
Mini Blueberry Pancakes or Assorted Cereals with Whole Grain Item	Crispy Dutch Waffle or Assorted Cereals with Whole Grain Item	Pancake Wrap with Syrup or Assorted Cereals with Whole Grain Item	Mini Chocolate Chip French Toast Bites or Assorted Cereals with Whole Grain Item	Ham, Egg, & Cheese on Biscuit or Assorted Cereals with Whole Grain Item
100% Fruit Juice or Fresh or Canned Fruit & Milk 1	100% Fruit Juice or Fresh or Canned Fruit & Milk 2	100% Fruit Juice or Fresh or Canned Fruit & Milk 3	100% Fruit Juice or Fresh or Canned Fruit & Milk 4	100% Fruit Juice or Fresh or Canned Fruit & Milk 5
9/4/17	9/5/17	9/6/17	9/7/17	9/8/17
NO SCHOOL 	Pancakes with Syrup or Assorted Cereals with Whole Grain Item	Crispy Dutch Waffle or Assorted Cereals with Whole Grain Item	Bacon, Egg, & Cheese on Biscuit or Assorted Cereals with Whole Grain Item	Pancake Wrap with Syrup or Assorted Cereals with Whole Grain item
	100% Fruit Juice or Fresh or Canned Fruit & Milk 6	100% Fruit Juice or Fresh or Canned Fruit & Milk 1	100% Fruit Juice or Fresh or Canned Fruit & Milk 2	100% Fruit Juice or Fresh or Canned Fruit & Milk 3
9/11/17	9/12/17	9/13/17	9/14/17	9/15/17
Mini Chocolate Chip French Toast Bites or Assorted Cereals with Whole Grain Item	Breakfast Pizza or Assorted Cereals with Whole Grain Item	French Toast Sticks with Syrup or Assorted Cereals with Whole Grain Item	Mini Blueberry Pancakes or Assorted Cereals with Whole Grain Item	Waffles with Syrup or Assorted Cereals with Whole Grain Item
100% Fruit Juice or Fresh or Canned Fruit & Milk 4	100% Fruit Juice or Fresh or Canned Fruit & Milk 5	100% Fruit Juice or Fresh or Canned Fruit & Milk 6	100% Fruit Juice or Fresh or Canned Fruit & Milk 1	100% Fruit Juice or Canned Fruit & Milk 2
9/18/17	9/19/17	9/20/17	9/21/17	9/22/17
Mini Blueberry Pancakes or Assorted Cereals with Whole Grain Item	Crispy Dutch Waffle or Assorted Cereals with Whole Grain Item	Pancakes with Syrup or Assorted Cereals with Whole Grain Item	Bacon, Egg, & Cheese on Biscuit or Assorted Cereals with Whole Grain Item	NO SCHOOL 
100% Fruit Juice or Fresh or Canned Fruit & Milk 3	100% Fruit Juice or Fresh or Canned Fruit & Milk 4	100% Fruit Juice or Fresh or Canned Fruit & Milk 5	100% Fruit Juice or Fresh or Canned Fruit & Milk 6	
9/25/17	9/26/17	9/27/17	9/28/17	9/29/17
Mini Chocolate Chip French Toast Bites or Assorted Cereals with Whole Grain Item	Pancake Wrap with Syrup or Assorted Cereals with Whole Grain Item	Ham, Egg, and Cheese on Biscuit or Assorted Cereal with Whole Grain Item	Breakfast Pizza or Assorted Cereal with Whole Grain Item	Crispy Dutch Waffle or Assorted Cereal with Whole Grain Item
100% Fruit Juice or Fresh or Canned Fruit & Milk 1	100% Fruit Juice or Fresh or Canned Fruit & Milk 2	100% Fruit Juice or Fresh or Canned Fruit & Milk 3	100% Fruit Juice or Fresh or Canned Fruit & Milk 4	100% Fruit Juice or Fresh or Canned Fruit & Milk 5
GOOD NEWS!! If you qualify for free or reduced lunch, you also qualify for free or reduced breakfast! Applications can be found online at www.compass.state.pa.us or at your school office. Any charges accumulated prior to approved applications taking affect must be paid so get your application in today!!! Student Paid Breakfast \$1.30 Student Reduced Breakfast \$ 0.30 Adult \$2.30				
Chris Ammon	General Manager	cammon@jcsdk12.org	(717) 436-2193 ext. 5084	
Kathy Gilson	Food Service Support	kagilson@jcsdk12.org	(717) 436-2111 ext. 5015	

What is a Meal?

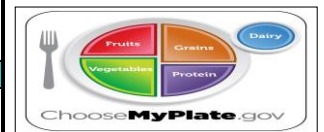
You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit and
Choice of Milk
Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream and strawberry

Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Fruity Cheerios
Rice Crunch
Kix
Cheerios
Fruit Loops
Frosted Flakes

Served with Whole Grain Toast (secondary) OR Whole Grain Goldfish Crackers (elementary)



Additional Entrees May Include:

Warm Pillsbury Cinni-Minis
Chocolate Chip Muffins
Whole-Grain Enriched Donuts
(Donuts available at TJHS, JHS, and EJ only)

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice, and a variety of fresh fruits

This institution is an equal opportunity provider

Menu subject to change