

**Juniata County School District
Elementary Lunch Menu
December 2017**



Monday	Tuesday	Wednesday	Thursday	Friday
	 Joy to the World!			12/1/17 Homemade Beef Lasagna with Italian Garlic Bread or Crispy Chicken Patty on Roll Featured Veggies: Steamed Corn Fresh Romaine Salad Chilled Pineapple / Milk 1
12/4/17 Meatball Sub with Mozzarella Cheese or Hot Dog on Roll Featured Veggies: Steamed Mixed Vegetables Fresh Baby Carrots Chilled Applesauce / Milk 2	12/5/17 Walking Loco Taco with Dinner Roll or Hot Ham & Cheese on Roll Featured Veggies: Steamed Green Beans Fresh Romaine Salad Mandarin Oranges / Milk 3	12/6/17 Hot Turkey & Gravy over Noodles or Cheeseburger on Roll Featured Veggies: Mashed Potatoes Fresh Broccoli with Dip Chilled Peaches / Milk 4	12/7/17 Toasted Cheese Sandwich or Mini Corn Dogs Featured Veggies: Creamy Tomato Soup Fresh Celery & Carrots Red Delicious Apple / Milk 5	12/8/17 Macaroni & Cheese w/ Whole Wheat Bread or Pepperoni Pizza Bagel Featured Veggies: Homemade Baked Beans Fresh Cherry Tomatoes Chilled Peaches / Milk 6
12/11/17 Crispy Popcorn Chicken with Dinner Roll or Cheeseburger on Roll Featured Veggies: Sweet Potato Fries Broccoli with Cheese Sauce Mandarin Oranges / Milk 1	12/12/17 Macaroni & Cheese w/ Whole Wheat Bread or Soft Beef Taco Featured Veggies: Steamed Carrots Fresh Cucumber Slices Chilled Mixed Fruit / Milk 2	12/13/17 Tender Roast Turkey w/ Homemade Stuffing or Mini Corn Dogs Featured Veggies: Mashed Potatoes w/ Gravy Fresh Baby Carrots Chilled Peaches / Milk 3	12/14/17 Spaghetti & Meatballs w/ Garlic Bread Slice or Crispy Chicken Patty on Roll Featured Veggies: Steamed Green Beans Fresh Romaine Salad Chilled Applesauce / Milk 4	12/15/17 Chef's Choice (Menu to be announced) or Cheeseburger on Roll Featured Veggies: Homemade Baked Beans Fresh Romaine Salad Chilled Mixed Fruit / Milk 5
12/18/17 Meatball Sub with Mozzarella Cheese or Hot Dog on Roll Featured Veggies: Crispy Tater Tots Fresh Cucumber Slices Chilled Applesauce / Milk 6	12/19/17 Nachos Grande Tortilla Chips or Hot Ham & Cheese Sub Featured Veggies: Homemade Baked Beans Fresh Baby Carrots Chilled Peaches / Milk 1	12/20/17 Chef's Choice (Menu to be announced) or Cheeseburger on Roll Featured Veggies: Assorted Steamed Veggies Assorted Fresh Veggies Assorted Fruits / Milk 2	12/21/17 Chef's Choice (Menu to be announced) or Soft Beef Taco Featured Veggies: Assorted Steamed Veggies Assorted Fresh Veggies Assorted Fruits / Milk 3	12/22/17 NO SCHOOL 
12/25/17 NO SCHOOL 	12/26/17 NO SCHOOL 	12/27/17 NO SCHOOL 	12/28/17 NO SCHOOL 	12/29/17 NO SCHOOL 
Student Paid Lunch \$2.35			Student Reduced Lunch \$0.40	
Chris Ammon		General Manager		Adult Lunch \$3.60
Kathy Gilson		Food Service Support		
cammon@jcsdk12.org		kgilson@jcsdk12.org		(717) 436-2193 ext. 5084 (717) 436-2111 ext. 5015

What is a Meal?

You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

- Meat or meat alternate
- Choice of Vegetable
- Choice of Fruit
- Grain/Bread
- Choice of Milk - 1% white, fat-free white, chocolate, cookies & cream, and strawberry

Weekly Vegetable Subgroups

May Include:

- Dark green - spinach, broccoli, romaine and spring salad
- Red/Orange - carrots, sweet potatoes, tomatoes and red peppers
- Legumes - beans and peas
- Starchy - white potatoes, corn, peas, and lima beans
- Other Vegetables: celery sticks, cucumbers, cauliflower, green peppers, green beans, cabbage and green peppers

Daily Fruit Selections

May Include:

- oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple and mandarin oranges

Cost of ala carte items must be in student's lunch account for item to be purchased

Leave Your Lunch at Home

Daily entrée options may include:

- Fresh-Made Craveable Lunches with Dinner Roll prepared daily
- Nardone's Pizza served every day
M-W-F Cheese Pizza
T-Th Pepperoni Pizza
- Uncrustable PB&J & Mozzarella Cheese Stick OR
- Cheese Sandwich served in our Peanut-Free kitchens

Chicken Nuggets with Dinner Roll

RF Ice Cream and Snacks offered as ala carte items every day. All items follow wellness policy guidelines

Join Our Staff!

Call today for an interview to be a substitute team member
An equal opportunity employer

Menu subject to change